Name _____ Date _____

General Knowledge · Healthy habits and safety

Healthy Habits

Good habit? Circle yes or no.

1. Wash hands before eating. yes no

2. Brush teeth at night. yes no

3. Eat lots of sweets. yes no

4. Sleep early. yes no

5. Play outside. yes no

6. Watch TV all day. yes no

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Name _____ Date _____

General Knowledge · Healthy habits and safety

Stay Safe

Safe or not safe?

1. Holding hands when crossing the road — safe / not safe

2. Touching a hot iron — safe / not safe

3. Playing with matches — safe / not safe

4. Wearing a seatbelt — safe / not safe

5. Going with a stranger — safe / not safe

6. Telling a grown-up when you are lost — safe / not safe

Name _____ Date _____

General Knowledge · Healthy habits and safety

Emergency Numbers

Learn these numbers with a grown-up.

1. Rescue (ambulance): _____

2. Police: _____

3. Fire brigade: _____

Draw a helper who keeps us safe.

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ANSWER KEY

Name _____ Date _____

General Knowledge · Healthy habits and safety

Healthy Habits

Good habit? Circle yes or no.

1. Wash hands before eating. **yes** no

2. Brush teeth at night. **yes** no

3. Eat lots of sweets. yes **no**

4. Sleep early. **yes** no

5. Play outside. **yes** no

6. Watch TV all day. yes **no**

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ANSWER KEY

Name _____ Date _____

General Knowledge · Healthy habits and safety

Stay Safe

Safe or not safe?

1. Holding hands when crossing the road — **safe** / not safe

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5. Going with a stranger — safe / **not safe**

6. Telling a grown-up when you are lost — **safe** / not safe

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ANSWER KEY

Name _____ Date _____

General Knowledge · Healthy habits and safety

Emergency Numbers

Learn these numbers with a grown-up.

1. Rescue (ambulance): **1122**

2. Police: **15**

3. Fire brigade: **16**

Draw a helper who keeps us safe.

Drawings will vary.