Name _____ Date _____

Science · Energy

We Need Energy

Energy makes things move, grow, work and change.

A. Does it use energy? Circle Yes or No.

1. A fan going round — Yes / No
2. A rock lying on the ground — Yes / No
3. A child playing — Yes / No
4. A car moving on the road — Yes / No
5. A book on a shelf — Yes / No
6. A plant growing — Yes / No
7. A bulb giving light — Yes / No
8. A sleeping pillow on the bed — Yes / No

B. Fill in the blank.

1. Energy makes things _____ and grow.

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Name _____ Date _____

Science · Energy

Energy From Food

Food gives our body energy to work and play.

A. Sort the food.

banana | roti | chips | milk | eggs | sweets | daal | fizzy drink

Eat every day	Eat only a little

energy | sun | play

B. Use the words in the box.

1. Food gives us _____.
2. We need energy to run and _____.
3. Plants get energy from the _____.

Name _____ Date _____

Science · Energy

Energy at Home

Some things need electricity to work. Some do not.

fan | bicycle | TV | kite | fridge | ball | washing machine | swing

Uses electricity	No electricity

Name one more thing in your home that uses electricity.

_____

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Name _____ Date _____

Science · Energy

Saving Energy

Is this a good way to save energy? Circle Yes or No.

1. Switch off the light when you leave a room. Yes No

2. Leave the TV on when nobody is watching. Yes No

3. Close the fridge door quickly. Yes No

4. Dry clothes in the sun. Yes No

5. Keep the fan on in an empty room. Yes No

6. Walk to a shop that is near. Yes No

Fill in the blank.

1. We should _____ lights we are not using.

ANSWER KEY

Name _____ Date _____

Science · Energy

We Need Energy

Energy makes things move, grow, work and change.

A. Does it use energy? Circle Yes or No.

1. A fan going round — **Yes** / No
2. A rock lying on the ground — Yes / **No**
3. A child playing — **Yes** / No
4. A car moving on the road — **Yes** / No
5. A book on a shelf — Yes / **No**
6. A plant growing — **Yes** / No
7. A bulb giving light — **Yes** / No
8. A sleeping pillow on the bed — Yes / **No**

B. Fill in the blank.

1. Energy makes things **move** and grow.

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ANSWER KEY

Name _____ Date _____

Science · Energy

Energy From Food

Food gives our body energy to work and play.

A. Sort the food.

banana | roti | chips | milk | eggs | sweets | daal | fizzy drink

Eat every day	Eat only a little
banana	chips
roti	sweets
milk	fizzy drink
eggs	
daal	

energy | sun | play

B. Use the words in the box.

1. Food gives us **energy** .
2. We need energy to run and **play** .
3. Plants get energy from the **sun** .

ANSWER KEY

Name _____ Date _____

Science · Energy

Energy at Home

Some things need electricity to work. Some do not.

fan | bicycle | TV | kite | fridge | ball | washing machine | swing

Uses electricity	No electricity
fan	bicycle
TV	kite
fridge	ball
washing machine	swing

Name one more thing in your home that uses electricity.

Answers will vary.

ANSWER KEY

Name _____ Date _____

Science · Energy

Saving Energy

Is this a good way to save energy? Circle Yes or No.

1. Switch off the light when you leave a room. **Yes** No

2. Leave the TV on when nobody is watching. Yes **No**

3. Close the fridge door quickly. **Yes** No

4. Dry clothes in the sun. **Yes** No

5. Keep the fan on in an empty room. Yes **No**

6. Walk to a shop that is near. **Yes** No

Fill in the blank.

1. We should **switch off** lights we are not using.