Name _____ Date _____

Science · Healthy food

Healthy or Not?

Circle healthy or treat.

1. an apple	healthy	treat
2. a bottle of fizzy drink	healthy	treat
3. daal and roti	healthy	treat
4. chips	healthy	treat
5. milk	healthy	treat
6. candy	healthy	treat
7. carrots	healthy	treat

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Name _____ Date _____

Science · Healthy food

Food Groups

Write each food in its group.

banana | spinach | rice | guava | potato | wheat | orange | peas | maize

Fruit	Vegetable	Grain

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Name _____ Date _____

Science · Healthy food

Where Does It Come From?

Plant or animal?

1. milk	plant	animal
2. rice	plant	animal
3. eggs	plant	animal
4. apples	plant	animal
5. chicken	plant	animal
6. daal	plant	animal

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ANSWER KEY

Name _____ Date _____

Science · Healthy food

Healthy or Not?

Circle healthy or treat.

1. an apple — **healthy** / treat
2. a bottle of fizzy drink — healthy / **treat**
3. daal and roti — **healthy** / treat
4. chips — healthy / **treat**
5. milk — **healthy** / treat
6. candy — healthy / **treat**
7. carrots — **healthy** / treat

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ANSWER KEY

Name _____ Date _____

Science · Healthy food

Food Groups

Write each food in its group.

banana · spinach · rice · guava · potato · wheat · orange · peas · maize

Fruit	Vegetable	Grain
banana	spinach	rice
guava	potato	wheat
orange	peas	maize

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ANSWER KEY

Name _____ Date _____

Science · Healthy food

Where Does It Come From?

Plant or animal?

1. milk — plant **animal**
2. rice — **plant** animal
3. eggs — plant **animal**
4. apples — **plant** animal
5. chicken — plant **animal**
6. daal — **plant** animal